longitudinally opposite ends thereof, the indented regions longitudinally dividing said core into a central region confined between the indented regions and two side regions each located between one of the indented regions and the respective one of the transversely opposite sides of said core;

wherein said core contains a fibrous component and a density of the fibrous component in the indented regions is lower than in the central and side regions.

12. (Amended) The article of claim 11, wherein a distance between the side walls decreases from the opening toward the bottom.

13. (Amended) The article of claim 11, wherein the openings of the indentations arranged successively along each of said lines are spaced from each other.

500 21. (Amended) The article of claim 6, wherein at least one of the side regions of said core has a thickness gradually decreasing from the respective intended region toward the respective one of the transversely opposite sides of said core.

## IN THE ABSTRACT:

Please substitute the following sheet for the originally filed Abstract.